



HAND TO HAND COMBATIVES

Basic Hand to Hand Combatives - This course is designed to give the student the mindset to prevail in hand to hand confrontations. The curriculum is designed to teach quick thinking problem solving skills, and how to respond to the most common types of combative situations. The student will learn to combat physical confrontation against an attacker using body control and leverage. Topics include learning how to fall to prevent injury, how to quickly regain balance, blocking techniques, and using leverage and momentum to gain control over your attacker.

Prerequisite: None

Course Length: 4 Hours

Cost: \$150.00

CLASS INFORMATION:

- Please arrive no later than 15 minutes prior to the start of your class
- **Please review our class calendar for the exact start time.**
- Please review our **Cancellation Policy** available online at <https://www.boondocksfta.com/class---policy-info.html>

WHAT TO BRING:

- Open mind and eagerness to learn

WHAT TO WEAR:

- Comfortable clothes and/or athletic clothing.

REQUIRED ITEMS FOR CLASS:

- **A VALID DRIVER'S LICENSE** or Firearms Permit / Carry Permit.

IMPORTANT:

- Since this is a non-shooting class, leave all firearms, ammunition and knives inside your locked vehicle.
- Students will be cleared prior to the start of the class.

LUNCH - We offer a catered lunch (sandwich or soup or salad, plus iced tea) for \$10.00 per student **for classes longer than 4 hours**. If you prefer, you can bring your own lunch. We have a refrigerator and microwave on site for your convenience.

NOTE: This class does not meet the BFTA™ Alumni requirements

NO VISITORS OR GUESTS ARE ALLOWED in either the classrooms or on the ranges.

QUESTIONS: If you have any questions prior to your class, please feel free to contact us at register@boondocksfta.com or by calling 769-972-2382.

DIRECTIONS to Boondocks™: 11771 Hwy 18, Raymond MS 39154 – GPS will show this address on the North side of Hwy 18. **THAT IS WRONG!** Boondocks™ is located on the South side of Hwy 18. Coming from Jackson, go past the light at Midway Road (approximately 10 minutes from I-20) and make a U-turn at the 4th (fourth) pass-through. Enter the Boondocks™ through the brick/stone entrance and come to the classroom, which is the center building directly ahead.

Thank you for your interest in BFTA™. We look forward to training with you!

The Staff at BoondocksFTA™

Phone: 769-972-2382

Email: register@boondocksfta.com

Website: [http:// boondocksfta.com](http://boondocksfta.com)