

### Newsletter SIBIPITIBIBIR 230118



#### Save 9% on all Training Classes!

Now is the time to book your Fall Training classes. Now through 9/30/2018 save 9% on all 2018-2019 regularly scheduled Boondocks™ training classes\*. Visit our class



calendar and find your preferred class date(s) and use the Promo Code **9IN9** at checkout. You can also stop by our Pro Shop or call 769-972-2382 to register over the phone.

\*Promotion not valid for Guest Instructor or Special Events

#### **BFTA Educational Foundation**

Boondocks™ FTA, LLC is proud to announce the BFTA Educational Foundation. The BFTA Educational Foundation is a US 501(c)(3) Nonprofit Organization and provides programs



for all ages to develop personal safety measures that last a lifetime.

The Foundation will provide programs to educate our youth on Firearms and Personal Safety, the joy of the Shooting Sports, and the importance of

Personal Responsibility as supporters of our Second Amendment

The Boonie Project has been our launching pad for the Foundation. Boonie the Sheepdog and his trainer help to provide the much-needed education to Pre-K- 4th grade students on firearm safety. The Foundation has plans for expanding our programs to reach older children by providing Summer Youth Camps, Young Adult Personal Protection Courses and more all free of charge, but we have to build the funds in order to do so.

Visit our Facebook Page or Donate now!

A well regulated Militia, being necessary to the security of a free State,

IN THE NEWS the right of the people to keep

and bear Arms, shall not be infringed

#### Florida, Firearms & Standing Your Ground

There have been a rash of firearms related news stories coming out of Florida recently. Some stories are great examples of how firearms can be used to protect the lives of innocent people and others are more controversial. The event in Titusville, Florida where an armed bystander was able to end a shooting at a Back-To-School event is a perfect example why the right to carry is so important. However, in a much more controversial case a Clearwater Florida man is now facing manslaughter charges, after protests over the video surveillance images and more information comes out about the shooter's past altercations. Ultimately, the guilt and innocence of the accused will depend on 12 members of a jury.

The bigger issue here is not whether this is a stand your ground case or not, but how the attitude and demeanor of a single conceal carry permit holder, perpetuates and supports the narrative of an anti-gun media. This entire incident started over an argument over a parking space. In the wake of the shooting, one man is dead, a child is without a father, the news media gets a story that meets their agenda, and

the entire concealed carry community gets a black eye.

We, as responsible gun owners, cannot stand for this type behavior in our midst. We must realize that when we strap on a firearm, every encounter we have from that moment on is an armed encounter. Every action we take has the potential to escalate or de-escalate a situation and we can't let our emotions get the best of us. We also have to realize that if we are ever forced to use our firearm in a self-defense situation, that every single action, comment or social media post we have made in the past is going to be used as "character witness" against us. If we intend to protect our 2nd amendment rights, we must ensure that the old adage stating "an armed society is a polite society" rings true for every one of us that incorporates a firearm as part of our personal protection plan.

#### Boondocks™ in the News

Two months ago, Boondocks' Co-owner Kim Condon, was featured in a Forbes article titled "After The Aurora Theater Shooting, This Grandmother Started A \$3M Gun Academy." Recently the author followed up to see if there was any increase in demand for teachers or school districts seeking training as school started back up. The latest article entitled "Drones, Drills and Bulletproof Backpacks: Are We Militarizing Our Schools?" looked at the options available to teachers and school districts to help prevent school shootings. There are lots of issues that come with arming teachers including the amount of training needed to properly use, store and secure a firearm in a school environment. Fortunately there are other options, including our ALICE Active Shooter training. This training program was in place in the Noblesville, Indiana school district on May 25th when a student open fired in a classroom. Due to the quick thinking of an ALICE trained teacher, the entire event was over in 90 seconds before the school resource officer could get to the classroom, and not a single life was lost in the incident. Compare this incident to the Santa Fe, TX school shooting just a week earlier where 10 students perished and 13 more were wounded including a school resource officer who rushed in to help, but was severely injured by the gunman. It took a full 25 minutes before additional officers could arrive and arrest the gunman. Furthermore, look at Parkland, Florida where it took 3 hours to arrest the shooter after school resource officers failed to go into the school and confront the shooter.

While arming teachers with firearms may be a controversial topic, arming teachers with the knowledge and skills to be able to respond appropriately to protect themselves and their students should be on the forefront of all school administrators and ALICE training has proven to be one of the best options.



#### On Becoming a Warrior Woman

A woman is by nature protective of her family. This is the main reason I started firearms training over 20 years ago. I am the mama bear and I will do anything to protect my family! However, just taking a basic firearms class does not give us the proper skills, mindset or fitness level that we need to be the mama bear of our family. I'd say that many of the women I know are



already Warrior Women. They are determined and have the "I can do it" attitude. The Warrior Woman Workout is meant for women of all ages to help us prepare for a home invasion. Most of these "responses" can also be used outside the home as well.

Carrie Lightfoot and Michael Christoff do an excellent job of explaining each scenario, what to do and how to practice various techniques so that they become muscle memory. PAR is an acronym ("Prepare, Aware, Respond") used throughout the Warrior Woman Workout. It helps emphasize the importance of Preparing a plan of what to do and where to go in the event of a home invasion; being Aware of what is going on and who is at home; Responding by taking the appropriate action run, hide or fight.

All you really need for the Warrior Woman Workout is the DVD (can be streamed via Vimeo through a subscription), an exercise mat and an unloaded firearm – or an inert/plastic handgun - or a SIRT pistol (available at Boondocks' Pro Shop). If you don't have any of these, then a bottle of water or light dumbbell will be just fine. As an alternative weapon, a baseball bat, fireplace poker or golf club may be used. I love the Warrior Woman Workout. It helped me better understand that fear is very paralyzing reaction to any type of attack. The only way I can be sure I am able to protect myself and my family is by routinely practicing with my weapon/s of choice and staying fit so that I'll be able to react appropriately in times of stress. The Warrior Woman Workout gives purpose to this workout.

The Warrior Woman Workout has three excellent articles on their website, which will help you better prepare.

By Jan A. Allinder



The Walther Creed is a unique blend of ergonomics and economics. For Walther, those beliefs are superior ergonomics, excellence in trigger design, and unparalleled accuracy, quality and reliability. The new Walther

#### **Walther Creed**





\$299.99

Caliber: 9MM Sights: Steel 3-Dot Barrel Length: 4" Capacity: 16+1 Mags: 2

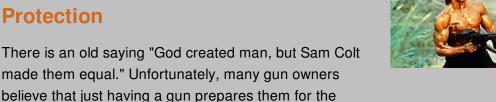
Limited Quantities Available

Creed makes a statement in modern polymer-frame handguns that all of these features can be achieved with an economic price-tag. The Creed offers a reinforced polymer frame with signature ergonomics that shooters have come to expect from Walther.

The Creed features a pre-cocked double-action trigger system and a bobbed hammer that ensure a no-snag draw from a concealment. This system provides the shooter with a light and smooth trigger pull, consistent from the first shot to the last.



## Firearms, Fitness & Personal Protection



many threats they may face in life, but true personal protection is much more than just acquiring a firearm. You must also have the have the physical, mental, and even spiritual "fitness" necessary to protect yourself and your family.

#### Physical Fitness - Are you fit enough?

You don't have to be Rambo to be better prepared to save your own life or the life of your family. There are some threats in life, which can't be solved by the use of a firearm. Are you fit enough to escape from your car in an emergency, run to find cover, or overcome a barricade or obstacle? Here is a great video by our friend Dave Spaulding called "Are You Fit Enough?"



#### **Mental Fitness - Beyond Situational Awareness**

We talk a lot about situational awareness in our classes, but mental fitness is much more than just being aware of your surroundings. True mental fitness is observing things in your surroundings and visualizing how you would overcome them if the need arose. This has been in practice for years in the sports arenas. An article from Brian Baxter gives some good information on how athletes use visualization to better prepare themselves to perform. But mental fitness doesn't begin when you go into orange status, you can mentally prepare from the comfort of your own home or office. Simply staying abreast of current events and threats people face as reported in the news or on social media is an opportunity to "what if" different scenarios and visualize how you would overcome a particular threat.

#### Spiritual Fitness - Sometimes bad things happen to good people

Unfortunately, no matter how much we try to plan or prepare for what life may throw at us, sometimes bad things happen to good people. In a recent event in Mississippi, a concealed carry permit holder found himself in a gun fight with a bad guy that was threatening his wife and child. The permit holder did what any husband and father would have done and protected his wife and child. However, in the chaos of the gunfigh, this hero lost his life protecting the ones he loved.

While Sam Colt's invention has definitely leveled the playing field and saved many lives, we must avoid lulling ourselves into the belief that a firearm is all the security blanket we will ever need.

By Chad J. Winkler



# ALICE Active Shooter Training for CME

Recently the
Mississippi Medical
Association approved
the ALICE Active
Shooter Training

program here at



Boondocks as Continuing Medical Education. The blended learning program allows you to complete the online training portion at home and complete the scenarios-

based training on-site here at our training facility. The completion of this course accounts for 5 hours of CME. For more information on how to obtain these CME credits, contact our office at 769-972-2382

#### **Fall Class Lineup**

With the cooler weather approaching, now is the time to schedule your fall classes. Below is a list of some of our new or specialty classes you won't want to miss!



#### **Green Ops Tactical Carbine Class**

Class Dates: September 15th - 16th

#### **USCCA Instructor Course**

Class Dates: October 5th-6th

#### **Land Navigation Course**

Class Date: October 6th

#### **Home Defense Fundamentals**

October 12th
November 15th
December 14th

#### **Hand to Hand / Weapons of Opportunity**

November 11th

#### **Defensive Pistol II**

November 9th-11th

#### **Basic AR15 Carbine**

November 24th

#### **Defensive Shotgun I**

December 1st



#### For the little Gray Darter

The volley of shotguns ringing out across the state over Labor Day weekend can only mean one thing. Hunting season in Mississippi has officially begun! There is nothing quite like the tradition that is opening day of Dove Season. But for many the quest for the little gray darter results in both bruised shoulders and bruised egos.



Wing shooting has always been a favorite sport of mine. Growing up, my Dad and I probably spent more time behind a shotgun than any other type of firearm. From Skeet & Trap shooting to amazing Dove and Quail hunts in my old stomping grounds of South Texas, my trusty 28 Gauge has been my slung over my shoulder for most of my life. Unfortunately, the 28 gauge has waned in popularity over the years, giving way to the more popular 12 and 20-gauge scatter guns. This in part is due to higher ammunition costs and belief that bigger is better.

The truth is that the gauge you shoot really doesn't matter as much as how you shoot it. In an article called "Put down that 12 gauge and step away from the shotshells" Curtis Niedermier says "A No. 6 pellet fired at any particular speed carries the same energy whether it is fired from a 12 gauge or a 28 gauge. Both kill the same." In looking at Federal's website you will find # 6 shotshell in both 28 and 12-gauge that have a velocity of 1220 fps. Which means, both will have the same effective energy and effective range, the only difference is the number of pellets flying through the air.

When it comes to wing shooting, the fit of the shotgun is probably more important than any other factor. Wing shooting is more "throw up and shoot" style shooting than skeet or trap and the ability to properly mount the shotgun quickly and instinctively is more important than the gauge. Add in the factors of the lighter weight and lighter recoiling sub gauge shotguns and you may find yourself filling your bag limit faster and with less of a bruised shoulder and ego than with the 12 gauge options.

By Chad J. Winkler

For more information on all the training options at Boondocks Firearms Training Academy™, visit our website www.boondocksfta.com, like us on Facebook or call our ProShop at 769-972-2382

