



# NEWSLETTER

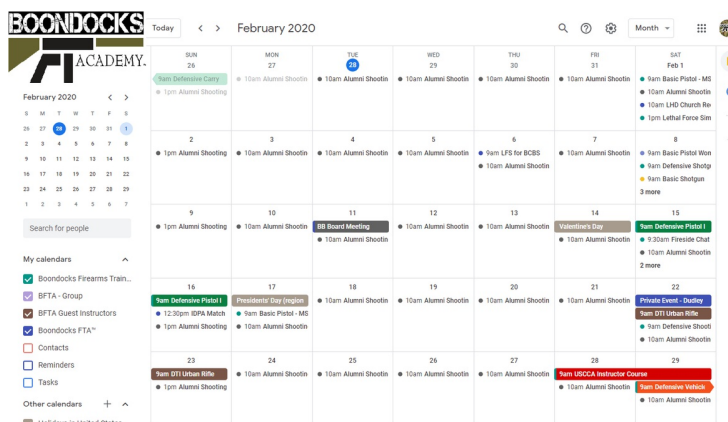
## FEBRUARY 2020



### Mark Your Calendars!

We have set our 2020 Course Dates.

While we offer our Basic Pistol and Defensive Pistol I classes on a regular basis, some of our other classes we only run a few times a year. So mark your calendars now for these classes.



#### Defensive Carry

- \* May 2nd
- \* September 19th

#### Defensive Pistol LIVE

- \* May 16th
- \* September 5th

#### Defensive Pistol II

- \* March 27th
- \* October 23rd

#### Defensive Vehicle Tactics

\* February 29th

\* August 8th

### Basic & Defensive Shotgun

\* February 8th

\* April 18th

\* August 22nd

### Basic & Defensive Carbine

\* May 8-9th

\* September 26-27th

### Lethal Force Simulator

\* June 27th

\* October 17th

Other notable courses include our [Hand-to-Hand Combatives](#) Course on April 11th, our [FREE Youth Classes](#), [Fireside Chats](#), [Guest Instructor Classes](#), [Competition Clinic](#) and [IDPA Matches](#).



## VA Lobby Day and the 2020 Race!

On Monday, January 16th 20,000 plus gun owners showed up at the Virginia State Capitol to protest newly filed anti-gun laws in the Virginia legislature.

Despite the media's prediction of mass riots and chaos, Twenty-thousand gun owners all showed up in one place at one time and NOTHING bad happened. However, NOTHING good happened either. Don't get me wrong, the rally was an overwhelming success. It was a well-organized peaceful gathering of law abiding citizens



protesting impending infringements on the 2nd Amendment, but that won't stop the democratic majorities from passing the anti-gun bills. You see the damage has already been done. The majority of gun owners in VA failed to show up at the polls last November and the "gun sense" law makers won. Since November, hundreds of cities, counties and towns have declared themselves 2nd Amendment Sanctuaries culminating into one of the largest Pro Gun rallies on January 16th, but it probably won't help. Just last week, the VA House shrugged off the protest and passed [7 ANTI-GUN BILLS](#). Oh, the massive rally may have forced the lawmakers to tweak the bills a little here and there, but they are still going to be bad bills.

In our [January newsletter](#) we offered some steps you can do to ensure what happened in Virginia doesn't happen to the rest of the country. Those steps include, becoming informed, sharing information, contributing to Pro Gun organizations, and **SHOWING UP AT THE POLLS**. In his latest article, [How We Win in November](#), Tom Gresham put it a little more bluntly than I did when he said in 2020 we must **"STFU! No. Not shut up. SHOW UP!"**

Now is the time to start preparing for the 2020 election. Every town for Gun Safety the anti-gun group financed by Mike Bloomberg just announced they will spend 60 Million dollars (double what they spent in 2018) to elect "gun sense" candidates. In addition, Mike Bloomberg is moving up in the polls and he has unlimited resources to put into both the Presidential Election and State elections across the country. As gun owners, we have the numbers on our side. With an estimated 100 million gun owners in the United States we are almost double the amount of voters (65 Million) who voted for Clinton in the 2016 election. If every gun owner made 2020 a single issue election (electing Pro 2A candidates) we would no longer have to settle for compromises on gun laws. There can be no more "I am pro 2nd Amendment, but...." gun owners. You must realize that there are no "Assault Weapons" or "Weapons of War" on our streets, and that there isn't a "gun violence" epidemic in the United States. It is all a false narrative push by [clueless politicians](#), the media and anti-gun groups to keep the average gun owner on the fence. It is now time for all gun owners to get off the fence and off the couch and VOTE in 2020!

Chad J. Winkler



**Hand-to-Hand**

## Self-Defense

If you're reading this, it is probably because you have taken a course here at Boondocks. Most likely that would have been our Basic Pistol course. You may have gone on to get your Mississippi

Firearms Permit. But what if you are attacked and you don't have your firearm with you or if someone tries to disarm you during an attack. What will you do?

Boondocks offers a couple of options in [Hand-to-Hand Self Defense](#). These include our Hand-to-Hand Combatives, Weapon Retention and Weapons of Opportunity classes. These classes that are designed to give you the mindset to prevail in hand-to-hand confrontations. You'll learn many of the basic skills like how to break a grip when someone grabs your wrist or how to get out of a hold when someone grabs you from behind and how to retain your firearm in a confrontation. Our Hand-to-Hand instructor is Jarrett Becks. He holds a 2nd Degree Black belt in Brazilian Jiu Jitsu, and black belts in Seibukan Shorin Ryu Karate, Shotokan Karate & Judo and runs the No Limits Combatives training facility in Clinton and Flowood.

Our next [Hand-to-Hand Combatives](#) and [Weapon Retention](#) class is scheduled for Saturday, April 11 starting at 9:00 a.m. Both classes are 4 hours long with the Hand-to-Hand class in the morning and the Weapon Retention class in the afternoon. These are non-shooting classes and a MUST for all ladies. If you have teenage daughters, I encourage you to bring them along too.

Jan A. Allinder



## Making the Mental Switch!

If you have spent any time in a defensive firearms class, you have probably heard of Lt. Col. Jeff Cooper and his Mental

Condition / Color  
Codes of Awareness  
system. The four-color  
codes include White,  
Yellow, Orange and  
Red. Each of which is a  
level of situational  
awareness or  
readiness.

White is unaware and  
unprepared to take  
action. Yellow is a  
relaxed awareness or  
alert to who and what is  
around you. Orange is  
a heightened level or  
specific alert, one in

which you have identified a potential threat and are preparing to take action. Red is  
Alarm or “Fight”, meaning you must take action to counteract the threat. However,  
with the explosion of the concealed carry movement and a myriad of concealed  
carry permit classes, the original intent of the message can become watered down  
over time. Add into the mix an extremely litigious society and an increasingly  
negative public perception of firearms and “gun violence” it is easy to see why the  
average permit holder may be “reluctant to press the trigger” to save their life! Take  
the time to [watch the original here!](#)



The recent tragedy in the West Freeway Church of Christ in Texas gives us a rare glimpse of how quickly things can unfold, and how important it is for us to be able to quickly “make the switch” from Orange to Red! According to interviews with Jack Wilson, the Church Security Team Leader who killed the shooter, the team was already aware of the potential threat. They focused a camera on him and positioned team members close by to keep an eye on him. In addition, Jack Wilson also stated he positioned himself so that he could see the shooter’s right hand. So, there was no doubt they had a specific potential threat. Once the shooter pulled the shotgun from under his coat, the team had just 3 seconds to react before the first shot rang out. That is not a lot of time to 1) realize what is happening, 2) decide how to react, and 3) implement your plan. This is why mental preparation and setting a mental trigger is so important. Watch an example of Col. Cooper’s description of mental and physical preparation starting at about [15:30 in this video](#).

While [the video may be difficult to watch](#), I encourage you to take the time to really review it. Especially if you are a permit holder or member of a church security team. The ability to set mental triggers while you are in the “Orange” or “Specific Alert” phase, can drastically reduce your response time and allow you to quickly make the



switch from Orange to Red or FIGHT mode. In this particular incident, if the team had been mentally prepared to rush the shooter at the sight of a gun or had been mentally and physically prepared to draw from a seated position, they may have had enough time to prevent any loss of life.

One of the sayings you hear a good bit in the self-defense world is “Your body won’t go where your mind hasn’t been.” The process of visualization has been used for years in the sports world. Athletes will spend hours mentally preparing for a big game by watching video replays and visualizing how they will respond in a variety of scenarios; self-defenders should be no different. The moment they go from yellow to orange, they need to start setting mental triggers and deciding the best option to counter the threat. Once the decision has been made to move to RED, you must meet violence with violence and FIGHT with aggression and a determination to overcome the threat. You may get physically injured in the process, but you have to have the mental resolve to fight until the threat is stopped or you are no longer able to fight. The triangular depiction above, indicates that as you move from yellow, to orange and then to red, you will need to implore a higher level of both intensity and skill. Your physical skills need to be at a level of [automaticity](#) (the ability to do things without occupying the mind with the low-level details) so that your mind can be free to focus on the best way to counteract the threat. All of this requires consistent mental and physical training.

*If you are on a Church Security Team or in the process of putting a team together, then you should [watch this](#)! This is one part of a 12 part series that can help you set up or improve your Church Security Team. You can [see the entire series here](#).*

If you need help actually training your team in [Firearms](#), [Active Shooter](#), [Hand to Hand](#), [Simulators](#) or [First Aid CPR/AED](#) we can help!

Chad J. Winkler

---

## *COURSE SPOTLIGHT*

### **Reality Based Training!**

For most gun owners,  
as soon as they  
complete Concealed  
Carry Permit Class,  
their training ends.

Only a very few (about 1%) will go beyond the basic fundamentals they learned in the state mandated minimum and continue to train. For those that desire to go beyond the basics, they usually start by learning how to quickly draw from a



holster and how to increase speed and accuracy. Once these skills have been honed to the point where you no longer have to use your brain to tell your body how to draw to shoot, it is time to start looking into reality based training. In good reality based training, you should be presented with multiple scenarios that force you to use your brain to solve problems. Reality based training can come in different forms. It may be a computer based simulator, realistic live fire scenarios or force-on-force training where role players portray bad guys and use non-lethal training guns in realistic situations. So this month though we will spotlight the courses here at Boondocks FTA™ that offer reality based training and give you some specifics about the training options in each.

#### [IDPA Matches](#)

At just \$20.00, IDPA matches are probably the most economical (assuming you already have a gun and the gear) to get into reality based training. While most targets are stationary cardboard, there are also falling steel and moving targets on many of the stages. Plus the addition of a shot timer and other people watching you dramatically increases the stress level. While there are a lot of new shooters that jump into the competition matches, you do run the risk of being disqualified if your gun handling skills are not safe. For those that are curious about getting into IDPA matches out here at Boondocks FTA™, I encourage you to come watch a match or sign up for our [Competition Clinic](#). You may also want to consider renting a gun, gear or both if you don't already have the proper equipment.

#### [Lethal Force Simulator](#)

This is probably the easiest and safest way to get into reality based training. Because the simulator uses laser and CO2 operated training guns, there is no danger of getting disqualified and you won't need a holster, a bunch of spare magazines and mag pouches to participate. There are hundreds of scenarios covering topics such as home invasion, concealed carry, active shooter and more! The scenarios show you how important it is to be able to make decisions and act quickly when faced with unknown threats. [Watch this video of our simulator in action](#) with national trainer and Top Shop contestant, Chris Cerino.

#### [Defensive Carry](#)

Our Defensive Carry class is primarily for smaller pocket pistols or revolvers. So you can train with your everyday carry gun and preferred carry mode (inside/outside the waistband, pocket, purse, appendix, ankle, etc.) This class combines a traditional "square range" course of fire on day one with more reality based training on day two, including timed shooting and qualification drills, IDPA style stages, and force-on-force scenarios.

### [Defensive Pistol LIVE](#)

Our newest reality based training class is called Defensive Pistol LIVE! It is a one-day course designed to give former Defensive Carry or Defensive Pistol II students more force-on-force training options. It allows an accelerated path for students that want force-on-force training, but have trouble scheduling 2 and 3-day classes.

### [Defensive Vehicle Tactics](#)

Few things scream reality more than shooting in to, out of and through cars! The DVT class is a two-day advanced training class designed to counteract a car-jacking. Day one teaches the tactics needed to shoot from inside the car, to exit the car and use the car for cover. Day two you get to use these skills to actually shoot from inside a car, exit the car and engage multiple threats and learn to move around the car to use it as cover. At the end of this course, you will have a much better understanding how car glass effects bullets and the best tactics for defending yourself from a violent encounter.

### [Defensive Pistol II](#)

DP II is a 3-day class and easily our most comprehensive course. At the conclusion of 1.5 days of square range training, the students engage in increasing amount of reality based training, including moving and shooting, engaging multiple targets, low light shooting, room clearing and force-on-force scenarios. Students that complete DP II have more training that most of Police and Military personnel. Click here to watch our [DP II Promo Video](#).



### **Glock 44**

On December 10th, 2019 Glock announced its first ever rimfire pistol. The Glock 44 is the same size as the Glock 19, but is chambered in .22LR. It comes with 4" barrel, two 10 Round magazines, interchangeable backstraps and weighs in at just over 12.5 ounces. The gun is a great option for those looking



for an easy to pack trail gun, an inexpensive option for training or a fun gun for introducing new shooters to the sport. The G44 will fit most Glock 19 holsters and has the same feel and controls as all other Glocks, which make the transition from a pleasant plinker to personal protection gun much easier. Glock will also be offering an optional threaded barrel for those who want to plink in peace.

The Glock 44 is now in our rental pool and available for purchase.



## For A Sidekick!

If you have ever taken a low-light class you will quickly realize that flashlights are great defensive tools. They can also be extremely handy for those of us with aging eyes. So it should come as no surprise that I have a flashlight (or two) as part of my everyday carry. In fact I have several tactical flashlights that I rotate out depending on what I am doing or where I

plan to go for the day. Unfortunately, even those that carry a tactical flashlight daily for defensive purpose don't actually "have it in hand" when they really need it. Well the Surefire Sidekick, might just be what you have been hunting for when it comes to a small bright handheld flashlight you might actually keep in your hand. The Sidekick is a small rechargeable keychain light that offers 300 lumens at the touch of a button, and is especially handy as you walk to and from your car at night. Watch this episode of [First Person Defender](#) as fellow Boondocks' Instructor Kristi Knight effectively uses a flashlight against me (the bad guy) as she leaves work to get into her car.

I still carry a tactical light on my person everyday, but I also have the Sidekick on my keying to ensure I have a light handy in those transitional times when I am



walking to my vehicle. The [Surefire Sidekick](#) is available from the [Surefire website](#) for \$29.99 and is a must have gadget for everyone in your family!

Chad J. Winkler

---

To subscribe to future newsletter click [HERE!](#)

For more information on all the training options at Boondocks Firearms Training Academy™, visit our website [www.boondocksfta.com](http://www.boondocksfta.com), like us on [Facebook](#) or call our ProShop at 769-972-2382



©2020 BoondocksFTA, LLC | 11771 Mississippi 18, Raymond MS

Like

Tweet

Pin

Web Version

Preferences

Forward

Unsubscribe

Powered by  
[GoDaddy Email Marketing](#)®